

Homemade Granola Bars

RECIPE:

INGREDIENTS:

(2) cups of Trail Mix - make this any combo of dried fruits, nuts and other goodies you would like. Add ingredients like Flax Seed for a healthy boost.

(2) cups Oatmeal

(1/3) cup Chocolate chips - use Milk chocolate or dark chocolate

(3) Pipe Bananas

(1) Egg

(2) Tbsp Honey

NOTES/DIRECTIONS:

-Pre Heat oven to 350°F

In large bowl combine trail mix, choc chips and oatmeal.

In smaller bowl mash the bananas then add the egg and honey. Mix together.

Add the banana mixture to the trail mix and stir all together making sure everything is evenly coated.

Press the mix into greased 12x9 inch pan. Bake for 15-20 minutes or until edges begin to brown. Cool, cut and ENJOY!