

Fish Fry Mix

RECIPE:

INGREDIENTS:

Cornmeal

flour

milk

salt and pepper

vegetable oil

NOTES:

Add oil to fryer or skillet and get hot. Mix cornmeal with just a little bit of flour. Dip the fish into the milk then coat in cornmeal mixture and fry.

*Add extra dry seasonings to the cornmeal mixture if you would like to give fish an extra kick.
Examples: seasoned salt, lemon pepper, cayenne pepper, etc.

